



WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

BEEF BOLOGNAISE

Garlic Bread, Peas,
Garden Salad

LASAGNE

Garlic Bread, Salad

ROAST CHICKEN

Stuffing, Yorkshire Pudding,
Seasonal Vegetables, Gravy

COTTAGE PIE

Seasonal Vegetables

**FRESHLY BATTERED
FISH**

Wedges, Mushy Peas

VEGETARIAN
MEAL

**CHINESE STIR FRIED
NOODLES**

Crunchy Vegetables

**MATURE CHEDDAR &
SUN-DRIED TOMATO
QUICHE**

VEGGIE BOLOGNAISE

Garlic Bread, Peas, Garden
Salad

MACARONI CHEESE

Mixed Salad or Seasonal
Vegetables

**MIXED BEAN CHILLI
CON CARNE**

Nachos, Rice,
Sour Cream, Salsa

PASTA POTS

TOMATO & BASIL

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD

DESSERT OF THE DAY

TRY OUR HOME-MADE
SOUP
WITH FRESHLY BAKED BREAD

LOOK OUT FOR
**AMAZING BLUE DOT
MEAL DEALS**

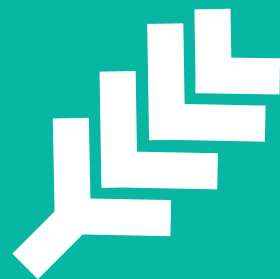

PIZZAS, WRAPS & PANINIS
FRESH OPTIONS
EVERY DAY

**TAKE HOME A
TAKEAWAY**
Collect Before You Go Home

LUNCH MEAL DEAL
Check out what's on
offer today!


WATCH OUT FOR OUR
**POP UP
& STREET FOOD
PROMOTIONS**

 All of Our Deli Range,
Sandwiches, Salads
& Desserts are
**FRESHLY MADE
HERE DAILY**



WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

**TRADITIONAL
SAUSAGE & MASH**
Onion Gravy, Broccoli

BEEF CHILLI CON CARNE
Nachos, Rice,
Sour Cream, Salsa

ROAST GAMMON
Stuffing, Yorkshire Pudding,
Seasonal Vegetables, Gravy

**BEEF &
VEGETABLE PIE**
Vegetables

**FRESHLY BATTERED
FISH**
Wedges, Mushy Peas

VEGETARIAN
MEAL

**CHICKPEA &
CORIANDER BURGER**
Wedges, Coleslaw

**VEGAN
SAUSAGE & MASH**
Onion Gravy, Broccoli

**PLANT BASED
MEATBALL PASTA
BAKE**
Salad

**SQUASH CHICKPEA &
SPINACH BALTI**
50/50 Rice, Poppadums,
Pickle Tray

SPRING ROLL
Rice, Sweet n Sour
Sauce

PASTA POTS

TOMATO & BASIL

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD


DESSERT OF THE DAY

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SOUP
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WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

**GREEK MEATBALL
PITTA**

Chopped Salad, Oregano
Wedges

CHICKEN PIE

Stir Fried Greens

ROAST TURKEY

Stuffing, Yorkshire Pudding,
Seasonal Vegetables, Gravy

**FERNANDO'S
CHICKEN IN A BUN**

Cajun Wedges, BBQ Beans,
Coleslaw

**FRESHLY BATTERED
FISH**

Wedges, Garden Peas

VEGETARIAN
MEAL

CHEESE & ONION PIE

Salad

**VEGGIE
LASAGNA**

Salad, Garlic Bread

**MATURE CHEDDAR
& BROCCOLI QUICHE**

Mixed Salad or
Seasonal Vegetables

**FALAFAL & SPICY
HOUMMUS PITTA**

Mixed Salad

**ROASTED PEPPER &
BEAN ENCHILADA**

Cajun Wedges, BBQ Beans

PASTA POTS

TOMATO & BASIL

PESTO PASTA

QUORN BOLOGNAISE

ARRABIATA

CARBONARA

FLORENTINE

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

HOT PUD


DESSERT OF THE DAY

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