

Child Development: Year 10 Curriculum Plan

Curriculum Intent- Our Year 10 Child Development curriculum aims to build students' understanding of how children grow, develop, and are supported in their early years. Students will develop comprehensive knowledge of key developmental theories, practical skills, and health and safety principles that underpin effective care for children. In Year 10, students will focus on **R057: Health and Wellbeing for Child Development**. Studying this topic early provides a framework for interpreting real-life scenarios and enhances long-term retention, enabling students to confidently link theory to practice throughout the course. As the year progresses, students will move into **R058: Creating a Safe Environment and Understanding the Nutritional Needs of Children from Birth to Five Years**. In this unit, students will learn how to create safe childcare environments, select appropriate and safe equipment, and understand children's nutrition and dietary needs.

Year 10	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6 – Revision and exam preparation
Knowledge Introduced	<p>Students will be introduced to the requirements of the exam and coursework for the OCR GCSE course, applying their knowledge to exam style questions.</p> <p>This will include learning objective 1.1-1.2 for R057 and learning outcome 1 for R058.</p> <p><u>Exam- R057</u></p> <ul style="list-style-type: none"> • Factors affecting preconceptual health. <p><u>NEA- R058</u></p> <ul style="list-style-type: none"> • Reasons why accidents happen in a childcare setting. • Types of childhood accidents. • Plans to prevent accidents. 	<p>Students will continue learning the knowledge needed for R057 and write up task 1 for R058.</p> <p>This will include learning objective 1.3-1.4 for R057 and learning outcome 2 for R058.</p> <p><u>Exam- R057</u></p> <ul style="list-style-type: none"> • Contraception methods • Structure and Functions of the reproduction system. <p><u>NEA- R058</u></p> <ul style="list-style-type: none"> • Essential equipment and factors (durability, age appropriate, safety, design and cost) 	<p>Students will continue learning the knowledge needed for R057 and write up task 3 for R058.</p> <p>This will include learning objective 1.5 for R057 and learning outcome 3 for R058.</p> <p><u>Exam- R057</u></p> <ul style="list-style-type: none"> • How reproduction takes place • Signs & Symptoms of pregnancy. <p><u>NEA- R058</u></p> <ul style="list-style-type: none"> • Government dietary recommendations. • Essential nutrients and their functions. • Plan a feed or meal. 	<p>Students will continue learning the knowledge needed for R057 and write up task 4 for R058.</p> <p>This will include learning objective 2.1 - 2.3 for R057 and learning outcome 3 for R058.</p> <p><u>Exam- R057</u></p> <ul style="list-style-type: none"> • The purpose and importance on antenatal clinics/classes. • The role of the birth partner • Screening and diagnostic tests. <p><u>NEA- R058</u></p> <ul style="list-style-type: none"> • Carry out the planned feed or meal. • Evaluating the meal or feed. 	<p>Students will continue learning the knowledge needed for R057.</p> <p>This will include learning objective 2.4 to 3.,2 for R057.</p> <p><u>Exam- R057</u></p> <ul style="list-style-type: none"> • Screening and diagnostic tests. • Choices available for delivery. • Pain relief. • Signs of labour. • Stages of labour. • Methods of assisted birth. • Postnatal checks. • Postnatal care of the mother and the baby. • Developmental needs of children. <p>R058 – coursework submission deadline May.</p>	<p>Students will continue learning the knowledge needed for R057.</p> <p>This will include learning objective 2.3-4 for R057.</p> <p><u>Exam- R057</u></p> <ul style="list-style-type: none"> • General signs and symptoms of illness. • Specific illnesses i.e., meningitis, mumps, chickenpox. • How to meet the needs of an ill child. • How to ensure a child friendly environment (safe environment/ safety labelling)
Key Vocabulary/Concepts/Ideas students must master	<p>R057- Pre-conception care, Fertility, Genetics, Nutrition, Lifestyle factors, Immunisations, Contraception.</p> <p>R058- Hazard, Risk, Safeguarding, Supervision, Environment, Hygiene,</p>	<p>R057- Barrier method, Hormonal method, IUD (intrauterine device), Natural family planning, Ovary, Fallopian tube, Uterus, Cervix, Vagina, Menstrual cycle, Ovulation,</p>	<p>R057- Fertilisation, Conception, Sperm, Ovulation, Fallopian Tube, Uterus, Cervix, Menstrual Cycle, Pregnancy, Embryo, Foetus, Implantation, Placenta, Amniotic Fluid, Umbilical Cord, Gestation, Labour, Birth, Natural Birth, Caesarean Section, Hormones,</p>	<p>R057- Antenatal care, Screening, Diagnostic checks, Ultrasound, Blood tests, Urine tests, Amniocentesis, Chorionic villus sampling, Spina bifida, Maternal health, Foetal health.</p> <p>R058- Meal planning, Nutrition, Dietary restrictions, Allergies,</p>	<p>R057- Natural birth, Assisted vaginal delivery, Caesarean section, Advocacy, Practical help, Labour, Pain relief, Epidural, Gas and air, Pethidine, Relaxation techniques, Postnatal checks, Vital signs,</p>	<p>R057- Physical development, Intellectual development, Social development, Growth, Milestones, Childhood illnesses, Symptoms Safety guidelines, Hazard</p>

	Security, Policy, Procedure, First Aid, Emergency, Fire Safety, Accident Prevention, Child Protection, Confidentiality.	Testes, Vas deferens, Seminal vesicle, Penis, Sperm. R058- Feeding Equipment, Travelling equipment, Hygiene Supplies, Cleaning Equipment, Safety Equipment, Age-Appropriate Resources, Accessibility, Durability, Safety Standards.	Oestrogen, Progesterone, Testosterone. R058- Balanced Diet, Starchy Foods, Protein, Dairy, Healthy Fats Sugary Foods, Salt, Saturated Fat, Sugar, Hydration, Vitamin D, Vitamin A, Supplements, Allergy Prevention, Food Safety, Storage, Preparation, Government Guidelines, Eatwell Guide, Early Years Nutrition, Obesity Prevention.	Cultural preferences, Religious preferences, Healthy eating, Age-appropriate portions, Hygiene, Food safety, Equipment, Food storage, Preparation, Presentation, Visual appeal, Child acceptability, Evaluation, Nutritional balance, Efficiency.	Feeding, Weight gain, Reflexes, Immunisations, Safety, Bonding.	symbols, Warning signs, Health, Safety, Child wellbeing.
CEIAG Links/ Opportunities	<p><u>Careers linked include:</u></p> <p>Early Years Educator / Nursery Worker – Applying knowledge of child development and creating safe learning environments.</p> <p>Occupational Therapist / Physiotherapist (Paediatrics) – Helping children achieve developmental milestones and prevent injury.</p> <p><u>Transferable skills gained that employers value:</u></p> <p>Communication Skills – Explaining complex ideas clearly, writing reports, and discussing sensitive topics with confidence.</p> <p>Critical Thinking & Problem Solving – Assessing risks, evaluating development milestones, and making informed decisions.</p> <p>Research & Analytical Skills – Investigating developmental theories, nutrition, and accident prevention strategies.</p>	<p><u>Careers linked include:</u></p> <p>Midwife or Health Visitor – Advising parents on pre-conception health, lifestyle, and early child development.</p> <p>Social Worker / Family Support Worker – Supporting families, recognising risk factors, and promoting safe environments for children.</p> <p><u>Transferable skills gained that employers value:</u></p> <p>Empathy & Interpersonal Skills – Understanding the needs of children and families and working effectively with others.</p> <p>Ethical Awareness & Responsibility – Considering the welfare of children and acting with professionalism.</p>	<p><u>Careers linked include:</u></p> <p>Dietitian / Nutritionist – Understanding children’s nutritional requirements and promoting healthy eating habits.</p> <p><u>Transferable skills gained that employers value:</u></p> <p>Organisation & Time Management – Planning tasks, managing coursework deadlines, and prioritising responsibilities.</p>	<p><u>Careers linked include:</u></p> <p>Paediatric Nurse – Supporting children’s physical and mental well-being and understanding factors influencing development.</p> <p>Child Psychologist / Educational Psychologist – Assessing cognitive, social, and emotional development to support children’s needs.</p> <p><u>Transferable skills gained that employers value:</u></p> <p>Teamwork & Collaboration – Working in groups during practical tasks and sharing ideas to create safe environments.</p> <p>Decision-Making Skills – Applying knowledge to real-life scenarios and evaluating the best course of action.</p>	See previous	See previous

